



September 4-6, 2020  
**NoR Amendment 1**

With the cancellation of available in-person and hands-on Safety at Sea courses due to the current COVID-19 situation, NoR 15 is hereby amended (in bold) as follows:

**15. SAFETY**

- 15.1 For all classes, at least 75% of those aboard the boat shall have attended a US SAILING Safety at Sea Seminar within five years prior to the start of the race. Such seminars may be attended online ([www.safetyatseacourse.com](http://www.safetyatseacourse.com)) provided at least 30%, but not fewer than two members of the crew, including the person in charge, have attended an International Offshore Safety at Sea Course with Hands-on Training or a US Sailing sanctioned In-person Offshore Safety at Sea Seminar within five years prior to the start of the race. **If the 30% requirement cannot be met due to a “Safety at Sea with hands-on training” course not being available, the requirement may be met by completing the US Sailing “Online Offshore Safety at Sea” course.**
- 15.2 All boats are strongly encouraged to follow the STC Safety Guideline for Rendering Assistance. The Guidelines and information on available Safety At Sea courses, are available on the Storm Trysail Club website: ([www.stormtrysail.org](http://www.stormtrysail.org)).
- 15.3 Attention is drawn to RRS 1.2 Life Saving Equipment: “Each competitor is individually responsible for wearing personal buoyancy for the conditions,” including but not limited to the following:
- a) Between the hours of sunset and sunrise;
  - b) When alone on deck;
  - c) When reefed;
  - d) When the true wind speed is 25 knots or more;
  - e) When visibility is less than 1 nautical mile; and
  - f) With due consideration of the water temperature.